

# FOOD FOR THOUGHT PLACEMAT

## *Solutions to Malnutrition and Food Security*

Q1 Our Global population is:	5.5 b	6.7 b	7.9 b	9.5 b		
Q2 The number of people who lack food security is:	400 m	800 m	1050 m	2000 m		
Q3 The number of people who are chronically hungry is:	50 m	225 m	565 m	850 m		
Q4 The richest balanced source of food comes from:	Western foods	Rice fields	Tomatoes	Money	Knowledge	Dates
Q5 40 Million children suffer from blindness in Indonesia because of:	Lack of eye doctors	Not enough iron in diet	Too much rice in diet	Not enough Vitamin A		
Q6 The number of people in tropical countries affected by iron deficiency anaemia is:	55 m	445 m	660 m	1620 m		
Q7 Enter A, B or C beside the food groups which provide the most:						
A – Energy B – Protein and zinc (for growth) C – Vitamin A and iron (for blindness and anaemia)	Dark Green Leaves		Starchy Foods		Seeds & Nuts	



*Project of the Rotary Club of Devonport North,  
District 9830, and Food Plants International*



(Now incorporating Learn♦Grow)

