



Tasmanian Kitchen Garden Calendar



Ensure that your vegetable garden or container is located in as much sun as possible. Food plants are not shade lovers. Your soil will need frequent fertilising to maintain vigorous growth: use chicken manure pellets every three months, dolomite lime once a year and liquid and seaweed fertilisers fortnightly or at least monthly.

Before any replanting, dig in manure or compost. Check containers daily for moisture.

Soak seeds like beetroot, lettuce, parsley and silverbeet overnight to encourage germination.

JANUARY

SEEDLINGS: Beetroot, broccoli, Brussels sprouts, cabbage, capsicum, carrot, cauliflower, celery, cucumber, eggplant, leek, kale, parsnip, pumpkin, radish, rocket, sage, silverbeet, spring onion, late sweetcorn and tomato.

SEEDS: Beetroot, broccoli, Brussels sprouts, winter cabbage, carrot (main winter-spring crop), kale, kohlrabi, lettuce (soak or chill seed in refrigerator overnight first), parsley, parsnip, radish, spring onion, silverbeet, late sweetcorn and wong bok.

FEED: Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables (but not on the leaves of tomatoes).

PRUNE: Trim fruit trees by one-third (leaving the short 'spurs' that bear fruit).

WATERING: Avoid getting tomato leaves wet to prevent diseases.

HARVEST: Garlic, red onions, rhubarb. Jerusalem artichoke and pumpkin planted in October.

FEBRUARY

SEEDLINGS: Beetroot, broccoli, Brussels sprouts, winter cabbage, carrot, cauliflower, celery, kale, leek, rocket, silverbeet and spring onion. Late February: Asian greens (bok choy, etc.), lettuce (they may bolt if the weather is hot.)

PLANT: Strawberry runners.

SEEDS: Beetroot, broccoli, late Brussels sprouts, cabbage, carrot, cauliflower, leek, parsley, parsnip, radish and silverbeet.

Late February: Asian greens (bok choy, choy sum, gai lan, hon tsai tai, mibuna, mizuna, pak choi, wong bok; sow every 4 weeks).

FEED: Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables (but not on the leaves of tomatoes).

COLLECT SEED: Allow one plant (e.g. lettuce) to go to seed and collect and dry the seed. (Lettuce will be good for 5 years.)

Collect any onion/shallot seedheads (dry in a clean dish in the shade and shake out the seed. It will be good for 3 years.)

HARVEST: Climbing and bush beans (from November), cucumber, pumpkin, rhubarb, strawberries, tomato, zucchini.

MARCH

SEEDLINGS: Asian greens (bok choy, choy sum, gai lan, hon tsai tai, mibuna, mizuna, pak choi, wong bok), beetroot, celery, cabbage, cauliflower, chives, kale, kohlrabi, leek, loose leaf or winter lettuce (cos), spring and salad onion, parsley, rocket, silverbeet.

PLANT: Garlic cloves, strawberry runners.

SEEDS: Early March only: beetroot, carrot and parsnip.

Late March: Asian leaf and root vegetables, broadbeans, lettuce, spring and salad onion, peas (frost-free districts only), English spinach, and into empty beds, sow green manure crop.

FEED: Fertilise all citrus plants with chicken manure and a little dolomite lime. Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables (but not on the leaves of tomatoes).

PRUNE: Cut thin, whippy branches off fruit trees.

COLLECT SEED: The same as in February.

APRIL

SEEDLINGS: Mini-cauliflower, late leeks, loose leaf or winter lettuce (cos), shallot and spring onion, parsley, potato (early, frost-free districts only), silverbeet and green manure crop. Plant garlic cloves.

SEEDS: Asian cabbage and root crops, broadbeans (plant 8cm deep), spring and salad onion, English spinach, Japanese turnip.

COLLECT SEED: The same as in February.

MAY

SEEDLINGS: Broadbeans, garlic, loose leaf or winter lettuce (cos), potato onions, spring and salad onions, early potato and Japanese turnip.

SEEDS: Asian cabbage and root crops, broadbeans, cape gooseberry, chives, English spinach, spring and salad onions, shallots and sow green manure crop in any empty beds.

FEED: Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables.

PLANT: Apricot, hazelnut (Cosford is the best pollinator) and walnut.

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JUNE

SEEDLINGS: Asparagus crowns, chives, globe artichoke sucker, Jerusalem artichoke, potato onion, early potato, rhubarb division and shallots. Plant garlic cloves.

SEEDS: Broadbeans, English spinach, long-keeping salad and spring onions. In containers under glass or indoors, sow seed of broccoli, cabbage and cauliflower to raise seedlings for

planting in August.

JULY

SEEDLINGS: Asparagus crown, Jerusalem and globe artichoke, leek, early potato, rhubarb division, shallots and spring onions. Plant garlic cloves.

SEEDS: Australian pea, broadbeans, cape gooseberry, onions, snow peas.

AUGUST

SEEDLINGS: Jerusalem artichoke, oca (New Zealand yam, *Oxalis tuberosa* - to harvest in summer), onions and shallots.

PLANT: Certified seed potato, divisions of chives, rhubarb and asparagus crowns. Strong seedlings of broccoli, cabbage, cauliflower, celery, broccoli, lettuce, onion and leeks. Plant garlic cloves.

SEEDS: Sow directly where they are to be grown: Asian brassicas, broadbeans, cape gooseberry, English spinach, globe artichoke, onions, parsnip, peas (including snow peas). In warm, well-drained soil or containers, sow broccoli, cabbage, carrot, cauliflower and lettuce.

HARVEST: Oca.

SPRAY: Stone-fruit trees with fungicide which includes copper hydroxide/lime sulphur to prevent curly leaf.

SEPTEMBER

SEEDLINGS: Beetroot, broccoli, cabbage, cauliflower, celery, chives, globe artichoke, Jerusalem artichoke, leeks, lettuce, spring, long-keeping and salad onions and silverbeet.

PLANT: Potatoes, rhubarb divisions. Off-sets (suckers) of globe artichoke. Herbs: chervil, mint, thyme.

SEEDS: Asian brassicas, Australian pea, beetroot, broccoli, cabbage, carrot, cauliflower, Japanese turnip, kohlrabi, leek, lettuce, onion, parsley, parsnip, peas, radish, silverbeet, summer spinach and sunflower.

Under glass in containers sow seeds of pumpkin, sweetcorn, tomato and zucchini (- transplant all these in November).

OCTOBER

SEEDLINGS: Beetroot, broccoli, cabbage, cauliflower, celery, globe artichoke, Jerusalem artichoke, leek, lettuce, pak choi, salad and spring onion.

Late October: Bush and climbing beans, summer carrots, pumpkin, squash, sweetcorn, tomato and zucchini.

PLANT: Chive divisions, globe artichoke, oca, potatoes and sweet potato cuttings. Mint, oregano, parsley.

SEEDS: Adzuki (mung) bean, Australian pea, beetroot, broccoli, Brussels sprouts, cabbage, carrot, cauliflower, leek, lettuce, marrow, melon, spring and salad onion, parsley, parsnip, late peas, pumpkin, radish, silverbeet, spinach, squash, sunflower, sweetcorn, tomato and zucchini.

Under glass or in containers, sow seeds of capsicum, cucumber, eggplant and tomato.

FEED: Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables.

HARVEST: Leeks (planted in July).

NOVEMBER

SEEDLINGS: Artichoke, Asian leaf and root vegetables, beetroot, broccoli, Brussels sprouts, cabbage, capsicum, cauliflower, celery, cucumber, eggplant, kale, leek, loose leaf lettuce, silverbeet, sweetcorn, tomato, wong bok and zucchini.

PLANT: Chive divisions, globe artichoke, fig, oca, parsley, potatoes and sweet potato cuttings.

SEEDS: Adzuki (mung) bean, Asian brassicas, asparagus, bush and climbing beans, beetroot, broccoli, Brussels sprouts, cabbage, capsicum, carrot, cauliflower, celery, cucumber, eggplant, kale, kohlrabi, leek, lettuce, salad onion, marrow, melon, parsley, parsnip, late peas (cold districts only), pumpkin, radish, rhubarb, summer spinach, winter squash, sunflower, swede, sweetcorn, tomato, turnip and zucchini.

HARVEST: Leeks (planted in August).

DECEMBER

SEEDLINGS: Asian leaf and root vegetables, broccoli, Brussels sprouts, cabbage, capsicum, cauliflower, celery, cucumber, eggplant, kale, leek, loose leaf lettuce, silverbeet, sweetcorn, tomato and zucchini.

PLANT: Globe artichoke suckers, fig, oca, parsley and late potatoes.

SEEDS: Asian leaf and root vegetables, asparagus, bush and climbing beans, beetroot, broccoli, Brussels sprouts, cabbage, capsicum, carrot, cauliflower, celery, eggplant, kale, kohlrabi, leek, lettuce, marrow, melon, salad onion, parsley, parsnip, pumpkin, radish, rhubarb, summer spinach, winter squash, sunflower, swede, sweetcorn, tomato, turnip & zucchini.

FEED: Mix liquid fertiliser together with seaweed fertiliser (one cap to a 9L watering can) and pour over all vegetables (but not on the leaves of tomatoes).

HARVEST: Cauliflower (planted in August), Jerusalem artichoke (planted in Sept), pak choi (planted in October).

